

2019 Warm Up Schedule

Saturday Session

07/13/2019

Session I: 5:30-5:50

Lane 1: Brookside
Lane 2: Brookside
Lane 3: LMT
Lane 4: LMT
Lane 5: WST
Lane 6: HATY

Session II: 5:50 – 6:10

Lane 1: Northampton
Lane 2: PENN/CORE
Lane 3: Somerton
Lane 4: Somerton
Lane 5: PSC
Lane 6: BAC/BSC

Session III: 6:10 -6:30

Lanes 1-3 Richboro
Lane 4: Newtown Crossing
Lane 5: Oreland/BASC
Lane 6: OPEN

Session IV: 6:30 - 6:40

Lanes 1- 6 SPRINTS

**2018 Worker Assignments
Saturday Session
07/13/19**

Strokes/Turns: RICHBORO

Timers:

Lane 1: LMT/LMT/LMT

Lane 2: PSC/PSC/SOM

Lane 3: BRK/BRK/BRK

Lane 4: NST/NCST/NCST

Lane 5: WST/HATY/BAC

Lane 6: CORE/RSC/SOM

*****Please bring 2 (two) watches per timer*****

Timer Check in Meeting will be at 6:15 pm